

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|--|---|---|---|
| Future Breakfast Ross Patzelt 7.00 - 10.00 | Future Breakfast Terry Lee 7.00 - 10.00 | Future Breakfast Ross Patzelt 7.00 - 10.00 | Future Breakfast Terry Lee 7.00 - 10.00 | Future Breakfast Terry Lee 7.00 - 10.00 | M & M Show 50's, 60's, 70's music 8.00 - 10.00 | Mark Bean Gospel & Roots 9.00 - 11.00 |
| Cloud 9 Vibes Alex Brickham 10.00 - 12.00 | Val & Tony Community info 10.00 - 12.00 | White Horses to White Stripes 60's to 2000's 10.00 - 12.00 | Phil Lewis 60's Selection 10.00 - 12.00 | Poetry Cubicle Arts info, poetry & local bands 10.00 - 12.00 | DJ Tonic Ska, soul & punk 10.00 - 12.00 | Original Timeless Hi-Fi Skalypsol 11.00 - 1.00 |
| Community Chest Talk show with Tim MacWilliam 12.00 - 2.00 | Community Chest Talk show with Tim MacWilliam 12.00 - 2.00 | Mardle with Mike Music & guest interviews 12.00 - 2.00 | Dying to Talk X-Files style talk show with Paul Sayer. 12.00 - 2.00 | The Sight of Music Film music + reviews with Eamonn Burgess 12.00 - 2.00 | It's All A Game Sports show with Tim MacWilliam 12.00 - 2.00 | Music from Then & Now Jazz & classical 1.00 - 3.00 |
| Waterfront Show Paul Burn 2.00 - 4.00 | Afternoon Session Natassja 2.00 - 4.00 | Afternoon Session Nick South 2.00 - 4.00 | Afternoon Session Merv (Livewire) 2.00 - 4.00 | Afternoon Session Nick South 2.00 - 4.00 | Life Matters / Female First Women's interest 2.00 - 4.00 | Platform 3.00 - 4.00 |
| Youth FM 4.00 - 5.00 | Youth FM 4.00 - 5.00 | Youth FM 4.00 - 5.00 | Youth FM 4.00 - 5.00 | Youth FM 4.00 - 5.00 | Key O' Connor Varied beats from soul to reggae 4.00 - 6.00 | NSAD 4.00 - 5.00 |
| NR5 Drive Drive time music & features 5.00 - 7.00 | NR5 Drive Drive time music & features 5.00 - 7.00 | NR5 Drive Drive time music & features 5.00 - 7.00 | NR5 Drive Drive time music & features 5.00 - 7.00 | NR5 Drive Drive time music & features 5.00 - 7.00 | Jam Shack Kwaito, deep house & African dance 6.00 - 8.00 | Young Urbanites Black culture, white youth 5.00 - 7.00 |
| On the Beat 7.00 - 8.00 | Red Noise Global grooves, twisted folk 7.00 - 9.00 | NNREC 7.00 - 8.00 | Dazed & Confused Weekend preview show 7.00 - 9.00 | Urban Operations UK hip hop, R & B 7.00 - 9.00 | Flight Night Old school Norwich DJs reunited; Lex & G, Colonel, Snoopster, D Lux, Gin, Gin + more 8.00 - 12.00 | World Cultures Anna Mudeka & Abrahim Eshetu 7.00 - 9.00 |
| Hungry Audio 8.00 - 9.00 | Steve 'Scratch' Wutley Nu-jazz, broken beat 9.00 - 11.00 | Foundation Sound Roots reggae & dub 8.00 - 10.00 | EZ Rollers Drum & bass selection 9.00 - 11.00 | J Swift 9.00 - 10.00 | DJ Reckless Garage + guests 10.00 - 12.00 | Free King Sound 9.00 - 10.00 |
| Howback Hum 9.00 - 10.00 | | Marvel Dancehall, funk, Latin 10.00 - 12.00 | Uncollected Electronica & techno 11.00 - 1.00 | | Crackerz & Jam Breakbeat / Tom B 12.00 - 2.00 | Arcadia Chris Loafer with folk, electronica & more 10.00 - 12.00 |
| Sounds Around Town 10.00 - 11.00 | Undercurrents Soul & Jazz 11.00 - 1.00 | Midnight Mashup Mashups, random tunes & guest DJs 12.00 - 2.00 | | | Ollie Rinser 12.00 - 1.00 | |
| Access to Music Music & interviews 11.00 - 1.00 | | | | | Venom & Bladerunner 1.00 - 2.00 | |

For full details of all the shows go to www.futurefmradio.co.uk

105.1fm



Broadcasting from March 20th until April 15th 2006